Your new watch is a water-resistant watch. Check the marking on the back of the watch, find below the relevant usage recommendation.

- Water Resistant 5 ATM or 50M (165 Feet) Suitable for swimming or diving but should not be worn while swimming or diving.
- Water Resistant 10 ATM or 100M (330 Feet) Suitable for swimming, snorkeling but should not be worn while scuba diving.
- Dive's 25 ATM or 250M (825 Feet) Meets the higher requirements of water resistant and suitable for scuba diving.

We don't recommend swimming or diving with your watch unless it has a screw down crown and is water resistant to at least 10 ATM or 100 Meters.

**GENERAL CARE FOR A WATER RESISTANT WATCH**

- Do not operate any buttons when the watch is wet or in water.
- Do not wear the watch in a hot shower or sauna. Extreme heat can damage the watch.
- After use in salt water, rinse the watch in a stream of fresh water & dry it with a soft cloth.
- Left-over straps are more easily damaged by frequent exposure to water after every use in water, wipe the strap with a soft cloth, to improve the life of the strap.

**IMPORTANT**

Your watch is equipped with a mechanical movement. This can be charged either by hand winding or by auto-winding.

(By the movement of the arm or by the watch winder)

**CAUTION**

Do not use the quick date function between 21:00 hrs and 2:00 hrs, as it will damage the internal parts of the movement.

(Applicable for all versions)

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**2 HANDS on 3 HANDS DISPLAY**

**POSITION 1** Movement Winding Position

**POSITION 2**

Time Setting
- Gently pull the crown to this position.
- Rotate the crown backward to set the time.
- The watch stops in this position.

**Note:** For watches with multi-time zone, please refer instruction detail A or E.

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**2 HANDS on 3 HANDS WITH DATE on DAY-DAY DISPLAY**

**POSITION 1** Movement Winding Position

**POSITION 2**

Quick Date / Day Change
- Gently pull the crown to this position.
- Rotate the crown backward to set the date.

**POSITION 3**

Time Setting
- Gently pull the crown to this position.
- Rotate the crown backward to set the time.
- The watch stops in this position.

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**JUMPING HOUR**

**POSITION 1** Movement Winding Position

**POSITION 2**

Time Setting
- Gently pull the crown to this position.
- Rotate the crown backward to set the time.
- The watch stops in this position.

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**SMILING DAY**

**POSITION 1** Movement Winding Position

**POSITION 2**

Quick Date / Day Change
- Gently pull the crown to this position.
- Rotate the crown backward to set the day.

**POSITION 3**

Time Setting
- Gently pull the crown to this position.
- Rotate the crown backward to set the time.
- The watch stops in this position.

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**REGULAR MULTIFUNCTION**

**POSITION 1** Quick Day Pusher
- Press button to set the day. For each press the day advances by one day.

**Position 2**
- Press button to set the month. For each press the month advances by one month.

(For quick date setting and time setting, please follow the regulator's instruction)

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**STUHRING ORIGINAL**

**INSTRUCTION MANUAL - B**

**AUTOMATIC MOVEMENT**

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