

WATER RESISTANT

D

Your new watch is a water-resistant watch. Check the marking on the back of the watch, find below the relevant usage recommendation.

* Water Resistant 3ATM OR 30M (100 Feet)

Shall with hand splashes of water while washing the hand. But should not be worn while swimming or diving.

* Water Resistant 5ATM or 50M (165 Feet)

Suitable for showering or swimming in shallow water.

* Water Resistant 10ATM or 100M (330 Feet)

Suitable for swimming, snorkeling, but should not be worn while scuba diving.

* Diver's 20ATM or 200M (660 Feet)

Meets higher requirements of water resistance and suitable for scuba diving.

We don't recommend swimming or diving with your watch unless it has a screw down crown and is water resistant to at least 10ATM or 100 Meters)

GENERAL CARE FOR A WATER RESISTANT WATCH

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- * DO NOT OPERATE ANY BUTTONS WHEN THE WATCH IS WET OR IN WATER.
- * DO NOT WEAR THE WATCH IN A HOT SHOWER OR SAUNA. EXTREME HEAT CAN DAMAGE THE WATCH.
- * AFTER USE IN SALT WATER OR CONTACT WITH SAND, RINSE THE WATCH IN A STREAM OF FRESH WATER AND DRY IT WITH SOFT CLOTH.
- * LEATHER STRAPS ARE MORE EASILY DAMAGED BY FREQUENT EXPOSURE TO WATER. AFTER EVERY USE IN WATER, WIPE THE STRAP WITH A SOFT CLOTH, TO IMPROVE THE LIFE OF THE STRAP.

IMPORTANT

THIS WATCH IS EQUIPPED WITH AN AUTOMATIC MOVEMENT, WITH MANUAL WINDING FUNCTION.

THE MOVEMENT IS ENERGIZED BY

- Winding the crown (or)
- By the motion of the arm wrist (or)
- By the motion of the Winder

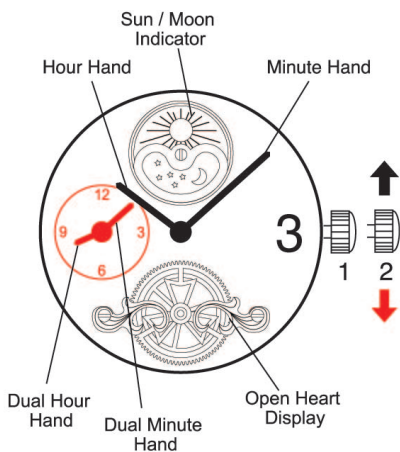
STÜHRLING ORIGINAL



INSTRUCTION MANUAL - J3

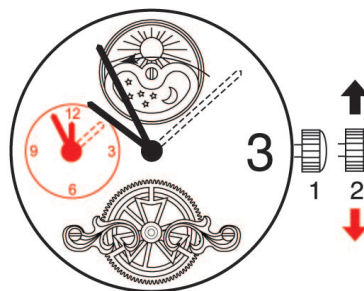
AUTOMATIC OPEN-HEART DUAL-TIME MOVEMENT

WATCH DISPLAY

A

This watch displays the Local Time & Home Time simultaneously.

DUAL TIME SETTING

B

CROWN POSITION 2

- To set the second time zone, pull the Crown to position 2.
- Rotate the crown back until the Dual time zone reaches the desired home time.
- Then rotate the crown forward to set the Local time.

TIMESSETTING

C

CROWN POSITION 1

- Home Position or winding position

CROWN POSITION 2

Time Setting Position

- Gently pull the Crown to this position
- Rotate the Crown forward to Set the time.